PRIOR AUTHORIZATION POLICY

POLICY: Cushing's – Recorlev Prior Authorization Policy
- Recorlev® (levoketoconazole tablets – Xeris)

REVIEW DATE: 04/19/2024

OVERVIEW

Recorlev, a cortisol synthesis inhibitor, is indicated for the treatment of endogenous hypercortisolemia in adults with **Cushing's syndrome** for whom surgery is not an option or has not been curative. Recorlev was approved through the 505(b)(2) pathway and as such relied upon existing safety and efficacy information for ketoconazole tablets to support approval. Recorlev contains levoketoconazole as the active ingredient. Levoketoconazole is the 2S, 4R-enantiomer derived from racemic ketoconazole.

Cushing's syndrome refers to the general state of excessive levels of cortisol (hypercortisolism) in the blood.[2,3] Hypercortisolism can occur for reasons that are either endogenous or exogenous in nature (e.g., Cushing's disease, cortisol-containing medications, adrenal gland tumor, certain cancers). Cushing's disease (hypercortisolism caused by pituitary adenomas) is the most common type of adrenocorticotropic hormone (ACTH)-dependent Cushing's syndrome. Treatment for Cushing's syndrome requires a multi-modal approach. The goals of treatment are normalization of cortisol excess, long-term disease control, avoidance of recurrence, and reversal of clinical features.[4]

Guidelines

The Endocrine Society published clinical practice guidelines (2015) for the treatment of Cushing's syndrome.[5] Recorlev is not addressed in the guidelines. First-line treatment involves resection of the tumor unless surgery is not possible or is unlikely to meaningfully reduce excess glucocorticoid levels. In patients with ACTH-dependent Cushing's syndrome who underwent non-curative surgery or for whom surgery was not possible, the guidelines advocate several second-line therapies (e.g., repeat transsphenoidal surgery, radiotherapy, medical therapy, and bilateral adrenalectomy). For Cushing's disease, the guidelines recommend all medical therapies as second-line options after transsphenoidal surgery: steroidogenesis inhibitors (ketoconazole, Metopirone® [metyrapone capsules], Lysodren® [mitotane tablets], etomidate) in patients either with or without radiotherapy/radiosurgery; pituitary-directed medical treatments (cabergoline, Signifor® [pasireotide subcutaneous injection]) in patients who are not surgical candidates or who have persistent disease; and mifepristone tablets (Korlym®, generic) in patients with diabetes or glucose intolerance who are not surgical candidates or who have persistent disease after transsphenoidal surgery.

A 2021 guideline update does recognize Recorlev as an investigational drug for the treatment of Cushing's syndrome, but did not give recommendations for therapy placement within existing medications.[6]

POLICY STATEMENT

Prior Authorization is recommended for prescription benefit coverage of Recorlev. All approvals are provided for the duration noted below. In cases where the approval is authorized in months, 1 month is equal to 30 days. Because of the specialized skills required for evaluation and diagnosis of patients treated with Recorlev as well as the monitoring required for adverse events and long-term efficacy, approval requires Recorlev to be prescribed by or in consultation with a physician who specializes in the condition being treated.

Automation: None.

RECOMMENDED AUTHORIZATION CRITERIA

Coverage of Recorlev is recommended in those who meet the following criteria:

FDA-Approved Indication

1. **Endogenous Cushing's Syndrome.** Approve for 1 year if the patient meets ALL of the following (A, B, C, D, and E):
   - **A)** Patient is ≥ 18 years of age; AND
   - **B)** Patient has hypercortisolemia; AND
   - **C)** Patient meets ONE of the following (i, ii, OR iii)
     - i. According to the prescriber, the patient is not a candidate for surgery or surgery has not been curative; OR
     - ii. Patient is awaiting surgery for **endogenous Cushing's Syndrome**; OR
     - iii. Patient is awaiting therapeutic response after radiotherapy for **endogenous Cushing's Syndrome**; AND
   - **D)** Patient has tried ketoconazole tablets; AND
   - **E)** The medication is prescribed by or in consultation with an endocrinologist or a physician who specializes in the treatment of endogenous Cushing's syndrome.

CONDITIONS NOT RECOMMENDED FOR APPROVAL

Coverage of Recorlev is not recommended in the following situations:

1. **Fungal Infections.** Recorlev is not approved for the treatment of fungal infections.[1]

2. Coverage is not recommended for circumstances not listed in the Recommended Authorization Criteria. Criteria will be updated as new published data are available.

REFERENCES

1. Recorlev® tablets [prescribing information]. Chicago, IL: Xeris; June 2023.
2. Sharma ST, Nieman LK, Feelders RA. Cushing's syndrome: epidemiology and developments in disease management. *Clin Epidemiol*. 2015;7:281–293.
3. Tritos NA, Biller BM. Advances in medical therapies for Cushing's syndrome. *Discov Med*. 2012;13(69):171-179.
4. Biller BMK, Grossman AB, Stewart PM, et al. Treatment of adrenocorticotropin-dependent Cushing's syndrome: A consensus statement. *J Clin Endocrinol Metab*. 2008;93:2454-2462.
5. Nieman LK, Biller BM, Findling JW. Treatment of Cushing's Syndrome: An Endocrine Society Clinical Practice Guideline. *J Clin Endocrinol Metab*. 2015;100(8):2807-2831.
6. Fleseriu M, Auchus R, Bancos I, et al. Consensus on diagnosis and management of Cushing's disease: a guideline update. *Lancet Diabetes Endocrinol*. 2021 Dec;9(12):847-875.